



2012-2013 Annual Report

Youth Matter in Colonial Heights

OFFICE ON YOUTH & HUMAN SERVICES

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201 James Avenue
PO Box 3401
Colonial Heights VA
804-520-9286





Office on Youth & Human Services

August 1, 2013

Honorable C. Scott Davis
Honorable Members of City Council
City of Colonial Heights
P O Box 3401
Colonial Heights VA 23834

Dear Mayor Davis & Members of Council:

The 2012-13 Annual Report for the Office on Youth & Human Services shows the office continues to make differences in the lives of youth and families in Colonial Heights. I present with pride this year's report to members of City Council.

The Office on Youth, Youth Services Commission, and the Youth Advisory Council appreciate your continued support of our programming. Our families and "Youth Matter in Colonial Heights" which is evident through your support and advocacy for youth and families in our community.

Sincerely,

Stephen Ball

Youth Services Commission Chair

OFFICE ON YOUTH

STAFF

Eileen Brown
MSW, LCSW
Director

Tricia Quenan
Youth Specialist

Abby Lynch
Youth Specialist

Becca Lynch
Youth Program
Coordinator



Mission Statement

The Office on Youth and Human Services serves Colonial Heights citizens by working to develop and improve community assets which assist families in raising healthy children.

The Office on Youth and Human Services partners, collaborates, and supports the work of City groups and organizations.

Collaborative Partnerships

The Office on Youth serves as a community partner with other organizations to meet youth and family needs. In this role, the Office on Youth is active in several local and regional efforts.

- ⇒ Comprehensive Services Act Program (FAPT & CPMT)
- ⇒ Colonial Heights Public Schools
- ⇒ Virginia Alcoholic Beverage Control Board
- ⇒ Adult & Juvenile Drug Court
- ⇒ Community Criminal Justice Board
- ⇒ Department of Conservation & Recreation
- ⇒ Twelfth District Court Service Unit
- ⇒ Families First Program
- ⇒ Juvenile & Domestic Violence Task Force
- ⇒ Partnership for Youth
- ⇒ S.A.F.E. - Substance Abuse Free Environment
- ⇒ Community Coalitions of Virginia
- ⇒ Positive Parenting Coalition
- ⇒ Regional Drug Free Alliance
- ⇒ Virginia Juvenile Community Crime Control Act
- ⇒ Interagency Prevention Team
- ⇒ Colonial Heights CADRE Coalition
- ⇒ Infant Mortality Community Action Team
- ⇒ CAAN-DUU Coalition
- ⇒ Smart Beginnings Coalition



**Helping change
our world,
one step
at a time!**

Youth Services Commission

Stephen Ball - Chair

Doug Harris - Vice Chair

Dr. Kimberly Ball - Secretary

David Whiting

Rennie Glazer

Craig Skalak

Lt. Dann Ferguson

Margie Strum

Sandra Coleman - School Board

Diane Yates - City Council

Nick Ball - Youth Rep.

Anna-Claire Bousquet - Youth Rep.

Andrea Zhou - YAC President

Youth Advisory Council

Andrea Zhou - President

Anna-Claire Bousquet - 1st VP

Bobby Jackson - 2nd VP

Alexandra H'sain - Secretary

Kaitlyn Underwood—Secretary

Bailey Rivero - Historian

Makenzie Ball

Nick Ball

Chris Bartlett

Luis Beltran

Tamara Bowen

Sallie Chambers

Lisa Chung

Savannah Couch

Adrienne Dew

Jacob Ezell

Kendel Fox

Savanna Fox

Linwood Fraher

Darlene Garner

Angelique Gingerich

Jacob Gurholt

Donna Jarratt

Braden Johnson

Alex Jolly

Christian Knight

Tiffany Kong

Brian Madl

Cameron Mingea

Megan Moran

Jacob Murdock

Noah Murdock

Asal Najmi

Katie Peterson

Sydney Peterson

Angelica Primmer

Manuel Rameriz

Hank Rosser

Anna Scott

Nojan Sheybani

Barrett Smith

Nicholas Thomason

Joey Upadhyay

McKenzie Vrooman

Stephen Zaruba

Advisor - Abby Lynch

YSC Rep - Margie Strum

YSC Rep - Stephen Ball

Summary of Services

Information & Referral

The Office on Youth & Human Services provides information on youth related issues and services. Information is available in our Resource Directory on the City's web page.

Planning & Program Development

The Office on Youth & Human Services works with community organizations, groups, and agencies to develop resources and services for youth and families.

Public Information

Staff are available to speak to community groups and civic organizations on a variety of topics related to youth and family functioning.



Professional Development

Ongoing staff training primarily focused on early childhood education and trauma-informed care. Staff accumulated professional development hours in bullying prevention and cultivating kindness, sexual abuse reporting and prevention, healthy schools, suicide intervention and prevention, trends in adolescent substance abuse and family impact, community emergency response, teen dating violence and healthy relationships, raising self esteem in youth, and leadership development.

HIGHLIGHTS FROM 2012-2013 ...

Youth Advisory Council

- ⇒ Hosted the Community Impact Day with workshops on CPR and First Aid, Teen Employment, Healthy Living, and Bystander Intervention
- ⇒ Created YouTube Video Trailer and QR Code promoting Community Impact Day
- ⇒ Fed Tri-Cities Work Camp crew
- ⇒ Awarded "Coleman Voice of Youth" scholarships to Alex Jolly and Andrea Zhou
- ⇒ Provided "Christmas Mother" gifts and food to a mother and two children
- ⇒ Supported pediatric cancer research with a virtual and physical Lemon-Aid Stand
- ⇒ "Volunteered to Cheer" for Special Olympics Area and State Games
- ⇒ Adopted James Avenue and Roslyn Road for street clean up
- ⇒ Partnered with the CADRE Coalition on Project Sticker Shock
- ⇒ Made no-sew fleece blankets for the CARES Shelter with Swift Creek Woman's Club
- ⇒ Volunteered for Back-to-School Festival
- ⇒ Planted Pinwheels in April for "Child Abuse Prevention Month"
- ⇒ Sang Christmas Carols for Dunlop House residents
- ⇒ Donated gently used clothing to The James House for "Teens Helping Teens"
- ⇒ Sent Valentine & Christmas Cards to McGuire Hospital veterans
- ⇒ Wished "Happy Graduation" to Nick, Alex, Andrea, Bobby and Lisa

Leadership

Volunteerism

Activities

Education

Community Outreach

Youth Services Commission

- ⇒ Supported and assisted Youth Advisory Council with Community Impact Day
- ⇒ Supported activities at Pete's Place (Teen Center)
- ⇒ Advocated for youth and families in Colonial Heights

Juvenile & Domestic Violence Task Force

- ⇒ Supported Regional Domestic Violence Task Force Press Conference
- ⇒ Planted 500 pinwheels at the public library, health department, police department, Legacy Garden, school board office and all five schools to celebrate children in April during Child Abuse Prevention Month with help from task force members, YAC members, and local woman's club members
- ⇒ Provided information at the public library for domestic violence awareness and prevention month, and child abuse prevention month

Youth Advisory Council Shoe Fund

- ⇒ Received referrals for thirty seven shoe vouchers for the purchase a new pair of shoes during the school year
- ⇒ Received donations to support fund from local civic organizations

Teen Pregnancy Prevention Initiative

- ⇒ City Council continued to support teen pregnancy prevention initiatives

Comprehensive Services Act Program

- ⇒ Served 23 youth and their families with a variety of services including community-based services, Therapeutic Foster Care, Respite Services, Day School Programs, and residential treatment
- ⇒ DJJ = 4% of cases; Education = 44% of cases; and DSS = 52% of cases
- ⇒ CSA expenditures for FY2013 were \$590,423

Interagency Prevention Team

- ⇒ Multi-disciplinary team served 16 students and their families
- ⇒ Referred by teachers, guidance counselors, attendance officer, team members, or parents
- ⇒ Made recommendations for at-risk youth to enhance chances for success at home and in the community





“Youth programs encourage accountability, improves self-esteem, fosters citizenship, and responsibility, and instills a sense of community pride.”

Virginia Juvenile Community Crime Control Act

Community-based programs funded by the state and local government to divert youth away from the courts, and to provide sanctions and education to prevent repeat offending.

Shoplifting Diversion Program

- ⇒ An educational program to inform youth and a parent of the consequences of shoplifting
- ⇒ Program served 272 youth and their families

Service Learning Program

- ⇒ Served 41 youth to complete community service hours
- ⇒ Completed 763 hours of community service

Anger Management Program

- ⇒ Offered 61 juveniles structured discussion group activities
- ⇒ Program covered resistance and coping skills, communication, assertiveness skills, and focused on personal responsibility and challenges

Parenting Classes

“Parenting With Love & Limits”

- ⇒ Served 2 teens and families to help restore reasonable limits and nurturance in their relationship

Substance Abuse Program

- ⇒ Provided 178 teens and parents information on consequences, pro-social skills, assertiveness and refusal skills, and decision making skills

Community Programming

- ⇒ Hosted Department of Social Services' Poverty Simulation attended by city department staff, community leaders, city council, school administration, and school board
- ⇒ Hosted "Bullying Prevention: Cultivating Kindness" Workshop in support of the Virginia Star Quality Initiative for Early Childcare Providers presented by Emily Keenum of Wingspan Works
- ⇒ Presented Shoplifting Diversion Program to 233 CHMS students in 6th grade
- ⇒ Shared Healthy Relationships Program "Open Arms? Open Eyes!" with 238 CHMS students in 8th grade
- ⇒ Provided Safe Driving Materials to 212 teens receiving driver's licenses in Juvenile and Domestic Relations Court
- ⇒ Presented Career Day information to 39 CHMS students
- ⇒ Presented Alcohol Awareness Program to 229 CHMS students in 8th grade

Kid's After-School Program

- ⇒ Referral program for youth in Fourth, Fifth and Sixth Grades
- ⇒ Based on need for academic support, enhancement of social skills, promotion of positive behavior, increase in physical activity
- ⇒ Served 84 youth from Tussing, North, and Lakeview Elementary Schools, and Colonial Heights Middle School
- ⇒ 179 volunteers from John Tyler Community College, Richard Bland College, Virginia State University, Virginia Commonwealth University, Colonial Heights High School, and Matoaca High School provided 2584 hours of mentoring and tutoring
- ⇒ Participated in community projects for Cookies for Soldiers, Colonial Heights Food Pantry, and Friendship Bracelets for Africa
- ⇒ Enjoyed activities such as bowling, swimming, skating, and kickball
- ⇒ Additional programs included T.A.L.K., Hygiene and Me, Fort Lee Logistics Group, American Family Fitness, Virginia State University WooWoo Cheer Clinic, VSU Basketball, and Kings Dominion

Youth Service Corps Program

- ⇒ Partnered with Virginia Department of Conservation and Recreation and the Community Adolescent Reporting Program on Youth Service Corps Program
- ⇒ 14 teens and 3 supervisors completed the three week program at Pocahontas State Park, and all earned a stipend at the end of the program

Colonial Heights CADRE Coalition

- ⇒ Supported Colonial Heights High School CADRE participation in Project Sticker Shock
- ⇒ Held monthly meetings of adult coalition
- ⇒ Encouraged YADAPP (Youth Alcohol and Drug Abuse Prevention Project) Team to complete STAN Plan which was created at the summer conference
- ⇒ Supported Colonial Heights Police Department's DEA Drug Take Back Event
- ⇒ Hosted Community Forum on Effects and Dangers of Spice and K2 which was attended by approximately 75 community members, coalition members, city council and school board members, and panel members.





Tri-Cities Work Camp
YAC provided lunches



Pinwheel Gardens
for
Child Abuse Prevention Month



Pocahontas State Park
Youth Service Corps



Project Sticker Shock
CHHS CADRE



Lemon-Aid Stand
Fundraiser for pediatric
cancer research



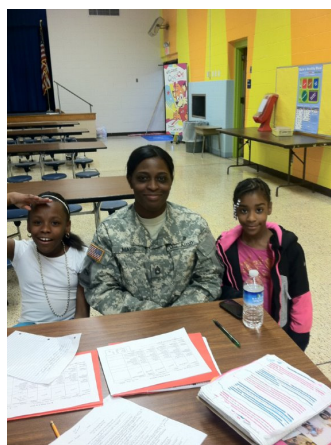
**Kid's
After-School
Program**



**Community
Impact
Day**



Fleece Blankets
for
CARES Shelter



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